

# How can I check the usage of my email account?

*Authored by: **ASPHostServer Administrator** [asphostserver@gmail.com]*

*Saved From: <http://faq.asphosthelpdesk.com/article.php?id=32>*

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Please be advised that you cannot check the usage of your email account directly. We cannot inform you the usage of a particular email account either. We can, however, inform you the total cumulative usage of all your email accounts on our mail server.

If you need to find this information, please simply raise a ticket via our [Help Desk System](#).